

**SAMPLE CURRICULUM SCHEDULE**  
**Master of Science in Sports Nutrition**

The curriculum leading to the Sports Nutrition degree requires six trimesters (each of 15 weeks duration) of part-time online study. This is the equivalent of 24 calendar months. Students are expected to follow the curriculum sequence unless permission to register for a course out of sequence is granted by the program director.

<b>Course No./Title</b>	<b>Credits</b>
<b>First Trimester</b>	
NTR 5104 - Biochemistry I: The Macronutrients	3
NTR 5206 - Biochemistry II: The Micronutrients	3
<b>Second Trimester</b>	
MSN 5201 - Applied Exercise Physiology	3
NTR 5207 - Nutrition Across the Life Span	3
<b>Third Trimester</b>	
NTR 5305 - Design, Analysis, and Critical Evaluation of Research	3
MSN 5301 - Exercise Testing	2
NTR 5407 - Professionalism and Ethics	1
<b>Fourth Trimester</b>	
NTR 5503 - Nutrition Assessment	3
MSN 5401 - Nutrition for Endurance Athletes	2
MSN 5402 - Dietary Supplements and Sports Performance	1
<b>Fifth Trimester</b>	
NTR 5506 - Medical Nutrition Therapy	2
MSN 5502 - Sports Nutrition for Special Populations	2
MSN 5503 - Nutrition for Strength Athletes	2
<b>Sixth Trimester</b>	
MSN 5601 - Sports Nutrition Capstone Project	3
Elective (see next page for list of elective courses)	3
<b>Total</b>	<b>36</b>

**List of Elective Courses**  
**Master of Science in Sports Nutrition**

Elective courses are offered based on student interest and faculty availability. Consult the Registrar's office or the program director for a list of elective courses available every trimester.

<b>Course No./Title</b>	<b>Credits</b>
MSN 5602 - Clinical Mentoring	3
MSN 5701 - Clinical Mentoring II	3
NTR 5402 - Drug Induced Nutrient Depletion & Herb/Drug Interaction	3
NTR 5406 - Clinical Herbalism	3
NTR 5204 - Clinical Nutrition for Pain & Inflammation	3
NTR 5106 - Theories and Principles of Applied Clinical Nutrition and Whole Food Science	3