

**NEW YORK CHIROPRACTIC COLLEGE
HEALTH & FITNESS CENTER**

WINTER BREAK POOL SCHEDULE

DECEMBER 10th - JANUARY 13th

MONDAY	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
TUESDAY	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
WEDNESDAY	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
THURSDAY	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
FRIDAY	
6:15 am - 7:45 am	Lap Swim
9:00 am - 10:45 am	Adult Swim
11:00 am - Noon	Adult Swim
Noon - 1:30 pm	Open Recreation
4:00 pm - 6:00 pm	Open Recreation
SATURDAY	
7:15 am - 9:00 am	Lap Swim
9:00 am - Noon	Open Recreation
SUNDAY	
9:15 am - 11:00 am	Lap Swim
11:00 am - 1:00 pm	Open Recreation
* HFC CLOSED 12/22 - 12/25 FOR CHRISTMAS *	
* HFC CLOSED 12/29 - 1/1 FOR NEW YEARS *	