

ERICA CALLAHAN

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CAREER OBJECTIVES

Dedicated doctor of chiropractic and clinical nutritionist with good academic background in the complementary and alternative health care profession. Seeking further education and employment opportunities in the field of complementary medicine, nutrition, chiropractic and clinical based research.

EDUCATIONAL BACKGROUND

2010 MSACN, Masters in Applied Clinical Science program, NYCC, graduated with honors
2007 DC, Doctor of Chiropractic, NYCC, graduated Magna cum Laude
2004 BS, Biochemistry, Roberts Wesleyan College, graduated Summa cum Laude

WORK EXPERIENCE

2008 – August, 2010: Clinical Nutrition Fellow, Seneca Falls Health Center
September, 2009 – September 2013: Leader Instruction of Clinical Nutrition Class, NYCC
September, 2010 - Present: Clinical Faculty, Seneca Falls Health Center
January 2011 – Present: Lead Instruction of Introduction to Nutrition Class, NYCC
May 2012 – Present: Lead Instruction of Integrative Geriatric Chiropractic online elective, NYCC
September 2012 – Present: Promotion to Assistant Professor, NYCC
January 2014- Present: Lead Instructor of Basic Human Nutrition II, NYCC
May 2015 – Present: Lead Instructor of Pregnancy and Pediatric Nutrition online elective, NYCC

RESPONSIBILITIES

- Diagnosis, treatment, and referrals of chiropractic and nutritional consultation patients
- One on one teaching opportunities with 8th, 9th, and 10th trimester students regarding diagnosis, patient management and clinical thinking
- Maintaining best clinical practices by attending documentation and ethics seminars/workshops given by NYCC; then teaching materials to student interns
- Classroom teaching opportunities as guest lecturer for general diagnosis classes, clinical documentation classes, and chiropractic philosophy classes
- Establishment and maintenance of nutritional practice within the Seneca Falls Health Center, including patient diagnosis, management and referral. Also includes creation and utilization of nutritional patient documentation.
- Creation and utilization of nutritional patient protocol with regards to clinician and student responsibilities, treatment guidelines and patient education materials for the NYCC Health Center Manuals.
- Nutrition based clinical research –
 - *Effects of Whole Food Purification Program on Weight and Lipid Profiles: a pilot study* (study date June 2011; publication in the Journal of Chiropractic Medicine in March 2013)
- Classroom management and teaching opportunity as lead instructor for AST6504 (Basic Human Nutrition II) in Doctor of Chiropractic program
- Classroom management and teaching opportunity as lead instructor for AOM 5550 (Introduction to Nutrition class) in Acupuncture and Oriental Medicine program
- Online classroom management and teaching opportunity as lead instructor for CLS 6720 (Geriatrics Elective) in Doctor of Chiropractic program – part of HRSA research grant

- Curriculum development for AST6610- Pregnancy and Pediatric Nutrition online elective in Doctor of Chiropractic program at NYCC and Lead Instructor for this elective
- Co-author of “*Chiropractic*” for PeriFacts article for University of Rochester OBGYN nursing students education with Dr. Wendy Maneri
- Service hours to NYCC including participation as a volunteer for NYCC events, faculty advisor for Whole Food Nutrition Club, class advisor, and participation on fellowship search committee on an as needed basis.
- Service hours to NYCC include clinical supervisor and organizer of NYCC Cleanse Events once per year.
- Service to community including guest lectures at health fairs and participate in community events such as scoliosis screenings.

ACHIEVEMENTS/ASSOCIATIONS

2015	Member of NYS Chiropractic Association
2012	Obtained certification in Applied Kinesiology technique from the International College of Applied Kinesiology
2011	Obtained Certified Chiropractic Wellness Specialist certification from National Wellness Institute Inc.
2009	Graduated with honors and a 4.0 GPA, Masters of Science in Applied Clinical Nutrition, NYCC
2007	Graduated Magna cum Laude, Doctor of Chiropractic, NYCC
2007	Member of the American Chiropractic Association
2007	Member of the Christian Chiropractic Association
2004	Graduated Summa cum Laude, Bachelor of Science, Biochemistry, Roberts Wesleyan College

CONTINUING EDUCATION OPPORTUNITIES (MOST NOTABLE)

- NYCC Mental Health Symposium presentation on nutrition and eating disorders, 2015
- NYCC Research Symposium participation (attendee and past presenter) 2011-2015
- NYCC Nutrition Symposium participation (attendee and past presenter) 2013-2015
- “CPR for the professional”, American Heart Association, 2/13/2014
- ConnectTx protocol training at New York Chiropractic College in July and September 2012.
- The Mary Frances Picciano Dietary Supplement Research Practicum at the National Institution of Health, Bethesda MD. – June 2012
- “Professional Applied Kinesiology”- Dr. Chris Montanaro DC, DIBACK, DCBCN. October 2010-May 2011
- “Documentation of Professional Standards in Clinical Environment Parts I and II”. – July 16, 2011
- “Understanding Kinesiology Taping for Enhancing Patient Therapy Outcomes” – July 16, 2011
- “Imaging of Spinal Stenosis” July 15, 2011
- “Standardized Spine Care”. – July 15, 2011
- “Health and Wellness Specialist Certification” – American Chiropractic Association Seminar Series/Certification Program. March-June 2011 Once per month.
- “Documentation and Record Keeping”, Mario Fucinari, DC, 7/17/2010
- “Advanced Nutritional Therapies,” Michael Dobbins, DC, 4/25/2009 – 4/26/2009
- “Integrating Nutrition into Practice,” Jim Powell, DC, 11/19/2008
- “Standard Process Products: Basic Use in Clinical Practice,” Bruce Bond, DC
- “Quality Patient Care: Quality Assurance and Documentation,” NYCC, 10/25/2008
- “Nutrition and Wellness: A Family Affair,” David Seaman, DC, 7/19/2008

* Additional continuing education accomplishments available upon request

COMMUNITY SERVICE AND GUEST LECTURING

- Scoliosis Screenings for 8th-12th grade students at Finger Lakes Christian School, 2014
- “Heart Healthy Foods” and “Vitamin D” nutrition lecture series at the Seneca Falls Library in February and March 2013
- “Medicine in the Kitchen”; guest lecturer at Geneva High School for Health and Wellness Day, May 2012
- Take your Child to Work Day – chiropractic demonstration at NYCC, April 2011 and 2012
- Nutrition and Chiropractic Education at Hillside Family Center for underprivileged and challenged children, Varick NY
- “The Basics of Whole Food Nutrition”; guest lecturer at NYCC Fitness and Education Center, January 2012
- “The Whole Story Behind Gluten and Your Health”; guest lecture at Naples High School Health Week, October 2010
- Gould’s/ITT Pumps Annual Health Fair; assessment of blood pressure, BMI and waist to hip ratio, 2008- 2013.
- “Back Safety: Awareness and Injury Prevention”; multiple guest lectures at Health Fairs, including Schwepps Packaging Plant
- “Nutrition and Stress”; guest lectures at multiple health fairs
- LeMoyne Wellness Week Health Fair, Spring 2008
- “Medicine in the Kitchen” and “Good Hydrators”; Silver Sneakers and Seneca Lake Terrace guest lecture, Spring 2009
- “What is a Chiropractor”; Silver Sneakers Annual Health Fair, NYCC, 2009 and FLCC Concepts in Wellness Class guest lecturer, 2009
- Scoliosis Screening in Auburn School District, 2008 and 2009