WHO IS NYCC?

AMBER MYEROWITZ, MS, LAc ('12) ZEV MYEROWITZ, JR., DC, MS, LAc ('11, '12)

AMBER MYEROWITZ began her education at the State University of New York (SUNY) at Albany, where she graduated with a Bachelor of Science in Human Biology. Upon graduation, she moved on to the Finger Lakes School of Acupuncture and Oriental Medicine (FLSAOM) of New York Chiropractic College. While working toward her Master of Science in Acupuncture degree, she was elected president of her class for three straight years. DR. ZEV MYEROWITZ grew up in a family that utilized both chiropractic and acupuncture. He earned a Bachelor of Science in Human Anatomy summa cum laude from Cleveland College of Chiropractic in Los Angeles, California, and started the DC program at CCCLA while working as a chiropractic assistant in Beverly Hills. He then transferred to NYCC, where he completed the Doctor of Chiropractic program in November of 2011, and, along with Amber, the Master of Science in Acupuncture program in April of 2012.



Amber is extremely proud of being a graduate of the FLSAOM of NYCC, and states that the program even exceeded her expectations. She commends the highly distinctive curriculum. Dr. Myerowitz believes that NYCC did a fantastic job of providing him with a core education: "Coming from another program, I found that the educational curriculum organized information into a very manageable course load." Myerowitz also emphasizes that furthering one's education past didactic schooling is what separates good doctors from great doctors.

Amber takes a lot of pride in her profession. She believes AOM differs from Western medicine in that it is a science of patterns of identifications, rather than a science of chasing symptomology. She believes that AOM carries some great strengths relating to patient care, and with correct practice,

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acupuncture is very safe. There are very few negative side effects not only for the patient, but for the doctor as well, because it has been proven that acupuncture has a very low rate of burnout. Amber also trusts AOM to be a great complement to many different fields of medicine because, frankly, "It works." Patient care is the key to success: "It's an honor that they are choosing me to help them," she says. Dr. Myerowitz found a mentor in his father, who influenced his decision regarding dual certification. He suggests that each and every student find a mentor and see as many different practice models as possible before graduating.

Amber remains in contact with her classmates to this day, using them for referrals and exchanging treatment ideas. She credits her time at NYCC as being a big part of who she is today: "NYCC allowed me to harness potential I didn't know I had upon arriving. I not only learned the ins and outs of traditional Chinese medicine, but I met my husband, whom I have now started a strong practice with, in a community that we love to call home." When presented with challenging cases, Myerowitz sees great benefit in being able to combine Oriental medicine and chiropractic: "You have freedom to follow your instincts versus a standard of care algorithm." He sees a bright future on the horizon for both chiropractic and acupuncture: "I think all of healthcare is continuously integrating. We are already reading articles from highly regarded entities such as Harvard Medical School acknowledging that we do not just blindly adjust, but rather are portal-of-entry providers with a wide range of treatments and diagnostic skills."

Given the successful nature of Myerowitz's still-young career, he wanted to pass some advice on to current and prospective NYCC students: "Give everything you have, and then some. Your foundation of expertise is only as strong as the knowledge and skills you accumulate. I regularly was at NYCC from 8:00 a.m. to 10:00 p.m., learning as well as tutoring. I can't reiterate that strongly enough."

When they're lucky enough to have time off, the couple have found a new love for traveling, embracing the opportunity to learn about different cultures, see new places, try new foods, and, above all else, recharge! These adventures provide them the proper downtime to ensure that they will have their full energy to give their patients the best possible care at each and every visit.