

# WHO IS NYCC?

JOSHUA KOLLMANN, DC ('06)

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**DR. JOSHUA KOLLMANN** hit New York Chiropractic College running – goals clearly defined, he knew precisely how to achieve them. He longed for a sports-related career and now owns and operates Carolina Sports Clinic near Charlotte, North Carolina. He is also team chiropractor for the National Football League’s Carolina Panthers, a member of the Professional Golf Association’s sports medicine team, and provides chiropractic care on the NASCAR professional racing circuit. Not only does Kollmann treat athletes at various levels, but he is also an avid triathlete and competitor himself.

His secret? A clear vision, a solid plan, willingness to work hard, and perseverance. *“You [NYCC students] are in just the right place to enjoy similar success,”* he says. *“Passion brought you here. Don’t lose focus. This profession is amazing!”*

Kollmann thanks NYCC and its *“amazing faculty”* for providing him all the tools he needed to achieve success; and recommends that students avail themselves of NYCC’s extensive resources, especially the Center for Career Development and Professional Success (CCDPS).

His chiropractic certifications include Active Release Technique (ART), Functional Movement Screening (FMS), and Graston Technique, and he is a Certified Strength and Conditioning Specialist.

Kollmann encourages students to acquire all the skills they can, to attend motion-palpation seminars, and to shadow practitioners. *“Pick their brains; decide what you like and what you don’t. Find out who’s doing what you want to do, and find out how they got there and how you can get there.”* He also advises starting with an action plan for success. He is proud of his education and eagerly translated it into a means both to express himself and to bring relief to his patients. *“NYCC prepares your hands, so let your hands do the talking. Find ways to get your hands on people and treat them so they will want to come back.”*