

WHO IS NYCC?

TIFFANY GRACE HUFFMAN, DC '06

Tiffany Grace Huffman grew up in Corry, Pennsylvania, and earned a bachelor's degree in biology, with minors in Bible and psychology, from Cedarville University, in Ohio. She decided to attend New York Chiropractic College because of its excellent facilities, such as the anatomy and technique labs; the great geographical area; the different options available for her clinical experience; and the high pass rate for boards, which proved to her that this school provided a superior education.

While at NYCC, Tiffany felt very blessed for the opportunity to learn under very knowledgeable faculty and clinicians. Classes in diagnosis, imaging, and a wide range of techniques helped her to find the style of adjusting that worked best for her. During her ninth and 10th trimesters, she gained real-world experience during a remote clerkship at the Walter Reed National Military Medical Center, where she treated patients who presented with conditions that she now sees in practice every day.

As graduation approached, Tiffany decided to associate until she felt prepared financially and had a better understanding of how to run her own practice. After six months at a clinic with two other doctors, she accepted an associate position at Tuck Chiropractic Clinic, in Virginia, where she has been working for the past 11 years.

As a mother of two amazing little boys, Dr. Huffman feels that her position as the only chiropractor in the Rocky Mount office of this nine-location clinic gives her the best of both worlds. Without the stress of owning a business, she can focus on being a great doctor by treating patients and managing patient care as she sees fit; and, at the end of the day, she gets to go home and focus on being Mom.

Tiffany finds it most rewarding that she literally gets to improve people's lives every day. Patients who have suffered daily with headaches are able to function with no pain; others who have not been able to perform simple tasks walk into the office carrying a grandchild. She sees the future of healthcare moving toward a model in which both allopathic and alternative healthcare professionals work together for the benefit of the patient.

Dr. Huffman's advice to future chiropractors is never to lose empathy for your patients. They are coming to see you because something is wrong. Even though you see 50 cases of low back pain every day, for each patient that pain is life-changing and stopping them from what they want to be doing. Don't forget that your job is to help your patients. Oftentimes, truly listening to a patient is just as therapeutic for them as an adjustment.

