

WHO IS NYCC?

JOSHUA BROOKS, DC ('08)

A former Syracuse University basketball player, **DR. JOSHUA BROOKS** graduated with honors from New York Chiropractic College in 2008. With a Bachelor of Science in Premedicine, Health, and Exercise Science, he chose NYCC because of its integrated curriculum combining all aspects of healthcare. Dr. Brooks currently practices at Brooks Chiropractic & Rehab in Falls Church, Virginia, where he sees “a variety of conditions from pinched nerves, slipped discs, arthritis, sports injury to common low back pain and everything in between.” Brooks incorporates a combination of diversified chiropractic adjustments, electric muscle stimulation (IFC), ultrasound, taping, Graston Technique, and traction, as well as instructional stretches and exercises in his treatment plans for patients.

Brooks feels that NYCC has greatly prepared him for practice as it does an “excellent job of readying students for a wide variety of conditions.” He continues his education by taking numerous courses through both the Virginia Chiropractic Association and NYCC.



Influenced largely by his family, previous coaches, and professors, Brooks strongly believes that hard work and a determined state of mind have helped him achieve success in his career thus far. He passes the “work hard and stay focused” mentality on to all current and prospective students.

Brooks is an active member of his community; instructing and lecturing at George Mason University and Inova Fairfax Hospital. He frequently attends athletic events such as races and triathlons, and was also a volunteer for the 2012 USA Men’s Olympic basketball team. His charity work does not stop there; he is also involved with Make-a-Wish Foundation, Boys and Girls Clubs of America, and Coaches vs. Cancer.