



# I AM NYCC

## KEVIN THOMAS '19

Kevin Thomas is currently a 7th trimester student at New York Chiropractic College, scheduled to graduate in December 2019. Born and raised on Staten Island, New York, Kevin completed a Bachelor of Science in Biology at Long Island University, where he established a Professional South Asian organization. He then earned a master's degree in biomedical sciences at Rutgers University. Kevin Thomas is a jack of many trades: He is a licensed EMT in the state of New York and is also a business owner.

After being taken aback by the natural health benefits chiropractic has to offer, Kevin decided to pursue a career in chiropractic and chose NYCC due to its high ranking and prestigious reputation among. Thus far he has valued his experience at NYCC, where two of his favorite classes are Visceral Pathology and Evidence Based Clinical Case Management, which he finds challenging and which enable him to see a variety of case presentations. Some of Kevin's favorite professors are Dr. Ilija Arar, Dr. Vincent Loia, Dr. William Sherwood, and Dr. Veronica Mittak. Kevin is very active on campus; he is president of his class and works in the Center for Career Development and Professional Success as well the Research Department.

Kevin is incredibly close to his family and especially to his little brother, Jason. He is very passionate about everything he's involved with and dedicates his energy completely to the tasks at hand. Kevin finds his greatest strength and motivation from his parents, who inspire him to become the best version of himself.

After graduation Kevin plans initially to travel to the West Coast, where he hopes to practice chiropractic for some time, and ultimately to settle in New York City and open his own multidisciplinary practice. He aspires to becoming a competent and well-rounded chiropractor capable of using the techniques and skills he is acquiring at NYCC.

Kevin's word of advice to incoming students is, "Simply enjoy life day by day; study hard but also remember you are only young for so long."



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