Hailea Palmer is a fourth trimester Doctor of Chiropractic candidate. She was born in Fairfax, Virginia and grew up in East Kingston, New Hampshire. Hailea graduated in 2018 from the University of Rhode Island, where she received a bachelor's in kinesiology with a minor in nutrition and competed on the Collegiate Equestrian Team.

Hailea was inspired to become a chiropractor while interning at the offices of Dr. Tamara Lovelace, whose patients include BMX athletes and members of the U.S. Bobsled team. During this experience she gained valuable information on chiropractic as well as physical therapy, further stimulating her interest and exploration into a chiropractic career. She ultimately chose New York Chiropractic College due to its heavily scientific-based curriculum as well as the school's close proximity to the Adirondack Mountains, where she and her family spent summers hiking and camping.

In addition to working on hiking the 46 High Peaks in the Adirondacks, Hailea enjoys the outdoors and spending time at home with family. An important lesson Hailea has learned while at NYCC is to find a balance between life and school. “You can’t spend all of your time studying and focusing on school to the point where you forget to look after yourself, and still expect to perform at your best”.

Hailea’s advice to current students would be to ask for help when you need it; don’t be ashamed to get extra help from your colleagues and professors. Future goals for Hailea are to graduate and work with the Veterans Affairs in a clinical setting.