



# I AM NYCC

## MARYAM MILANIAN '20

Maryam Milanian has had a love for serving others her entire life. After spending her childhood in Tehran, Iran, her family moved to the U.S., where she began school at a local community college and later transferred to University of Maryland to study biology. Membership in several of the university's service organizations provided ways for Maryam to give back to both her local and school communities, and fueled her desire to care for others.

Searching for her niche in healthcare, she began shadowing various types of doctors and ultimately fell in love with chiropractic and its holistic approach to patient care. Maryam's passion for this field continued to grow as she became a regular volunteer at a nearby chiropractic office, helping with rehabilitation and assisting the doctor in any way she could.

Choosing NYCC was an easy decision for Maryam. Having been exposed to so many different healthcare facilities and professions, by the time she chose chiropractic she knew that in order to become the best chiropractor possible, her education needed to have a scientific background and patient-centered diagnostic care at the forefront of its curriculum. She loved that NYCC allowed for her to explore different avenues for improving patients' lives through functional medicine, neurology, and nutrition.

In the future, Maryam wants to move back to the Washington, D.C., area to be near her family. In order to gain experience for opening her own practice, she plans to work as an associate for a few years following her graduation from NYCC.

For any current or future students at NYCC, Maryam has this piece of advice: "Do not give up, and keep going. Take advantage of these times in school to improve yourself and become the best version of yourself."



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