



I AM NYCC

AIDAN KAYE (7TH TRI DC & 4TH TRI AOM)

Originally from Egg Harbor City, New Jersey, attended the University of South Carolina, where studied exercise science and was active in the Gamecock sports culture.

Having worked as a tutor, a carpenter, and a prep cook, Aidan attributes this decision to pursue a career in chiropractic to Dr. Victor Rossi (NYCC '89). "I saw the way patients loved him, and that gave me a gut check that this was for me." As for acupuncture, Aidan originally thought of it as a good marketing strategy, but quickly fell in love with the potential of this ancient medicine. "I'm in love with it because the medicine is so complete," he says.

Among the many mentors Aidan has learned from, a few of his favorites are "Dr. Hunter Mollin, for being the most helpful to our clinical skills; Dr. Chad Warshel, for being hilarious; Dr. Aizhong Li, for being the sweetest and most caring acupuncture professor; and Mr. Bryan Isacks, for teaching me Qi Gong and the secret of Aristotle's Memory Palace." Aside from the campus itself, Aidan also appreciates the surrounding nature and nearby Cayuga Lake.

What's next after graduation for Aidan? While his plans are still being formulated, he knows that by being a dually enrolled student, a lot of doors will open if he's willing to knock. One avenue he's considering is moving to China for a period of time to learn even more about Oriental medicine, and then using his knowledge and connections to eventually create "a wonderful multidisciplinary practice with an emphasis on community involvement."

Aidan's recommendations to students are: "Stay true to yourself, pursue your passions, and surround yourself with people who build you up. Understand what you struggle with, and you'll be smarter for working on your flaws. Be honest with your failures, and if you learn from them, your failures become your success. Discover your morning routine to maintain consistency, and learn some sort of meditative practice, because in this 'go-go-go' world, quality mental decompression creates a positive outlook on the world around you."



#IAmNYCC

| #NewYorkChiropracticCollege

| #NYCCBlue