



I AM NYCC

NICHOLE ISGRO (6TH TRI)

Nichole Isgro is a dually enrolled student at New York Chiropractic College, where she is currently in her sixth trimester of the Doctor of Chiropractic program and second trimester of the Master of Science in Applied Clinical Nutrition (MSACN) program. A native of West Milford, New Jersey, she graduated cum laude from Stockton University, in southern New Jersey, in 2015 with a bachelor's degree in biology with a pre-med concentration and a minor in behavioral neuroscience and holistic health. While in school, she worked part time as a server in an assisted living facility.

Nichole's interest in chiropractic was sparked back in the 8th grade, when the chiropractor her mother was seeing regularly for hip and foot pain told Nichole how she could help her mom with pain at home. In high school, she was very interested in anatomy and physiology; and once she started the holistic health minor at Stockton, she knew chiropractic was the right fit with her belief in the importance of helping the body to heal itself. "I want to be a healthcare provider that takes time to get to know my patients and help them to not just be pain free, but genuinely healthy," she says.

When asked why she chose NYCC, Nichole replied: "I felt their philosophy aligned best with my own. I believe in evidence-based care, and NYCC had the best curriculum to offer that." She appreciates the beautiful area and the sense of community in the school. Her favorite class was neuroscience, with Dr. Maria Thomadaki, who made it fun but also made sure you left truly understanding the material.

Upon graduating from both programs in December 2018, Nichole plans to associate at a practice near her hometown. Her goal is to eventually open a wellness center that incorporates several practices in one location, all with a focus on preventive and conservative care. Nichole has a number of hobbies, including hiking, kayaking, going to the beach, and reading. Her advice to students is to take time away from studying to do something they enjoy. "You can only study so much, and you will burn out if you never take a break."



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