



I AM NYCC

TIFFANY GUNAWARDENA (4TH TRIM)

Tiffany Gunawardena is a current fourth-trimester student in the Doctor of Chiropractic program. Prior to coming to New York Chiropractic College, Tiffany attended Temple University, where she earned her B.S. in Biology and M.S. in Biotechnology. While pursuing her master's degree, she worked as a research technician in the Orthopedic Department of Children's Hospital of Pennsylvania (CHOP). While working there, she encountered musculoskeletal pathologies such as osteoarthritis and hereditary multiple exostosis and researched pathogenesis and treatment of such diseases. After completing her master's degree, she accepted a position as an associate scientist at Janssen Pharmaceutica, where she worked primarily with the bioreactors in cultivating the active pharmaceutical ingredient for therapeutic drugs in combatting cancer.

A year later, after having earned her master's and worked in the biotech industry for several years, Tiffany realized that it was not the right career path for her. The solitary atmosphere in her field as a scientist did not allow her to reach her full potential in her eyes. After experiencing relief from chronic headaches as a direct result of chiropractic care, she decided this was a way she could fill her desire to help people while being in an atmosphere that suited her personality. Having donated bone marrow, she was particularly attracted to the doctor-patient relationship. Tiffany chose to apply to NYCC because of the positive influence of her own chiropractor, an alumnus who strongly recommended the program and its health centers. NYCC also appealed to her because of its focus on diversified technique and diagnosing clinical pathologies.

Since beginning her career at NYCC, Tiffany has immersed herself in the curriculum and is extremely motivated to become an excellent and well-rounded chiropractor. She is very active on campus. She is a member of the Motion Palpation Club and has two work-study jobs on campus: the Enrollment Management office and the Biomechanics Research Lab. Her favorite subjects include neurology, patient assessment, technique, and musculoskeletal physiopathology. A few of her favorite instructors are Dr. Maria Thomadaki, Dr. Mary Balliett, and Dr. Brett Carnevale. After graduating in July 2019, Tiffany would like to pursue an associateship in New York while continuing working in research. In the long run, she would like to own and manage her own practice with a focus on sports medicine in an urban environment. Tiffany's message to all NYCC students and prospective students is, "The world is yours."



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