Caitlin Atkinson is currently in her seventh trimester of the Doctor of Chiropractic program at New York Chiropractic College, along with her twin sister, Mary. She is from the small town of Rutland (aka Killington Valley), Vermont, close to the well-known ski area of Killington. In undergrad, she left the mountains and cold New England weather to attend the University of South Carolina-Columbia, where she completed her bachelor’s degree in biological sciences in 2014. While there, she was a cheerleader for the football and basketball teams, and qualified for the national cheerleading team.

Caitlin found NYCC through her sister's research of chiropractic schools. They attended an open house at NYCC in the fall of 2015 and fell in love with the school, lakes, and local scenery. When both were accepted, it was a done deal. Now, Caitlin thoroughly enjoys the closeness of students on campus and in her class. She has found friends and established relationships with a wide variety of students and faculty.

Cheering for a Division I Southeastern Conference school at every Saturday football game, several weekly basketball games, and national competitions takes a toll on the body. Being a student athlete allowed her access to the sports medicine team at Carolina, which included a chiropractor. She credits him with keeping her in top shape and performing at her best. Seeing him treat some of the top collegiate athletes on the different teams – some of whom went on to be drafted by the NFL – inspired her to help people who train at those high levels.

Caitlin’s aunt, who is an internal medicine specialist in Asheville, North Carolina, is a huge supporter of Caitlin’s career pursuits and is confident that chiropractic will continue to grow in the world of integrative care. With the loyal support of her mother and stepfather, Caitlin is doing well and excelling both academically and in her numerous extracurricular activities. In her free time, she enjoys running and taking in the scenery with her puppy, Lainey.

Caitlin’s part-time work/study job as a tutor has motivated her to incorporate teaching into her future plans. She also wants to move to the Pacific Northwest after graduation and travel while she is young.