

WHO IS NYCC?

DODDY CRISELL, DC ('09)

Dr. Doddy Crisell grew up in a small rural town in upstate New York. She had a strong passion for human anatomy since elementary school and knew that she wanted to work in the field of physical medicine in one way or another as an adult. She received her bachelor's degree from SUNY Albany where she was introduced to a local chiropractor for her first treatment. She was hooked and decided to pursue chiropractic at NYCC.

Dr. Crisell currently practices with another chiropractor in her hometown of Bainbridge, New York, where they operate a family-oriented practice accepting patients of all ages. They offer treatment for Worker's Compensation and No-fault patients which helps the practice stand out amongst the other practitioners in town. Her practice is insurance based and their paperwork is fully electronic. She credits her documenting and electronic note-keeping abilities to the education provided at NYCC, and was able to share this knowledge with the chiropractor she works with, bringing him up to speed in the age of Electronic Health Records.

Crisell chose NYCC for its proximity to her family and friends, and has no regrets. She is proud to have attended NYCC. She began practicing right after graduation; starting her own business-within-a-business with the guidance of the current chiropractor in her small town. She loves being her own boss and making her own business decisions. Starting out with your own business can be tough, but Crisell stuck it out and within four or five years in practice, she had felt quite financially stable.



Overall, she is thoroughly satisfied with where she is in her life right now and where chiropractic has taken her. She loves what she does, and the patient's sighs of relief right after delivering adjustments. She loves talking about the endless benefits of chiropractic and educating patients and friends about their bodies. "It is important for your patients to know that you're excited about getting them better," she explains. "They will be more excited about getting better too and you will always succeed."

As for the future, Crisell is optimistic that chiropractic care will become more main-stream. "People are beginning to realize that the current prescription-drug based medical model is making them sicker, and people are looking for alternatives to care. It is therefore crucial that chiropractors get out there and make themselves known by educating the public!" Crisell encourages beginning this education process at a young age, teaching children and teenagers about the importance of proper nutrition, good spinal health, and the benefits of chiropractic.