



# TIBETAN MEDICINE WORKSHOP

## Traditional Tibetan Medicine for the Western World -A Holistic Approach to Better Health-

**Traditional Tibetan medicine** is based on ancient Buddhist medical systems and employs a complex approach to diagnosis, incorporating techniques such as pulse analysis & urinalysis and applies dietary and behavioral factors as well as medicines compounded from natural materials (e.g. mainly herbs & minerals) and physical therapies to treat illness.

The basic theory of Tibetan medicine is to maintain or restore the balance the three subtle energies of the body. The long-term causative factors of these three energies are the three poisons of attachment, hatred and closed-mindedness which, as foundational afflictive emotions, create a common basis with Buddhist philosophy.

*Come to Seneca Falls, NY  
to learn about this system of healing*  
**November 6-8, 2009**

**Friday: 6:00 pm – 8:00 pm; Saturday & Sunday 9:30 am – 5:00pm**

### **Initial Level Weekend Workshop**

1. The sources and origins of the Tibetan Medical System.
2. The nature of the healthy body (emotions, subtle energies etc.).
3. The nature of disease (ultimate and temporal causes, energy imbalances, etc.).
4. Ancient & profound diagnostic techniques (pulse, urine & tongue diagnosis; analysis of universal symptoms).
5. A practical, hands-on diagnostic session utilizing the above techniques.
6. The principles of treatment (dietary factors, behavioral factors, medicinal plants, herbs, spices, minerals and gemstones) and their practical application.

#### **Barry Clark - Tibetan Physician**

Barry Clark was born in England & trained in the Himalayas for 18 years in the theoretical and practical aspects of the ancient Tibetan medical system, under the tuition of the great, renowned Master of Medicine, Dr. Yeshe Donden, who was the personal physician of His Holiness the Dalai Lama for eighteen years.

Hosted by the

**Finger Lakes School of  
Acupuncture & Oriental Medicine**

of New York Chiropractic College

2360 State Route 89

Seneca Falls, NY 13148

For further information call  
Dean Jason Wright, LAc at (800) 234-6922

**This seminar is appropriate for health professionals & the general public.**

**Registration required: \$15.00 Registration; \$75.00 Registration with PDA points**

**Make checks payable to: NYCC; NCCAOM & California acupuncture PDA credits pending**

**To register call 1-800-434-3955 ext.132**

